

Master Schedule Worksheet (August 2010)

| | Mom | boy 15 | boy 14 | girl 12 | girl 9 | girl 3 |
|--------------|-------------------------------|---|--------------------------------------|---|--|--|
| 6:45 | Breakfast | | Wake up, eat breakfast | Wake up, eat breakfast | Wake up, eat breakfast, take vitamins | Eat breakfast, vitamins |
| 6:55 | God time | | | Chores | Get dressed | Get dressed |
| 7:15 | Exercise | Wake up, eat breakfast, take vitamins; Chores | Exercise | Exercise | With 3yo, God time, Chores | With 9yo |
| 8:30 | Shower, smoothie | | Shower, Chores | Shower, God time | | |
| 9:00 | Inspect Chores; begin school. | Math | Bible: Adv Thru Bible Memory | Bible: CBH 2pg/day Memory | Bible: Memory | Help Mom inspect chores; reading lesson |
| 9:30 | Teach math | Gov't | Math & Calculadder | Math & Calculadder | Math & Calculadder | Toys |
| 10:00 | Teach spelling, 9yo LA | Brit Lit Wwise Latin | LA: Writing Spelling Wwise | LA: Writing Grammar Spelling Wwise | LA: Writing Grammar Spelling Wwise Handwriting | Snack time; cut & paste projects |
| 11:00 | Teach 3yo | Science | History: Read Maps (all) | History: Read Maps (all) Timeline | History: Read Maps (all) Timeline | RA, math |
| 11:30 | Make our lunch | Spanish (Tues-Span until 12:45) | Spanish (Tues-Span & Lit until 1:45) | Spanish | Typing | <i>Signing Time</i> or <i>Leap</i> video |
| 11:50 | | | | Typing | Help make lunch | |
| 12:00 | Lunch** & vitamins | Lunch | Lunch | Lunch, Clean up | Lunch, Exercise* | Lunch, Exercise* |
| 1:00 | 3yo to rest. Teach Science. | Extra school work | Science | Science (Tues-Span, Comp) | Science (Tues-laundry) | Rest 1:00-3:00 |
| 1:30 | Read Aloud | | | | | |
| 2:00 | E-mail, phone calls, chores | | | | | |
| 3:00 | Snack, Run Errands (W- | Snack*** | Snack*** | Snack*** | Snack*** | Snack*** |

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|--------------|--|--|--|---------------------------------|-----------------------------------|---------------------------------|
| | grocery shop) | | | | | |
| 3:10 | Ideas: To pool? To park? Bake? | | | | | |
| 4:00 | Computer or Electronics time | Computer or Electronics time | Computer or Electronics time | Computer or Electronics time | Computer or Electronics time | Computer or Electronics time |
| 5:00 | Dinner prep | 10-minute tidy | 10-minute tidy | 10-minute tidy | 10-minute tidy | 10-minute tidy |
| 5:30 | Dinner, take vitamins and clean up | Dinner | Dinner | Dinner | Dinner | Dinner, water to drink |
| 6:30 | Family time, (Th-pizza, movie night) | Family time | Family time | Family time | Family time | Family time |
| 7:00 | Give 3yo "milk" | Homework hour | Homework hour | Homework hour | Homework hour | Offer "milk" in cup |
| 8:00 | 3yo bedtime, Tidy house | | | Shower (W, Sa), Brush Teeth | Shower (W, Sa) and Brush Teeth | Sleep (11 hrs) |
| 8:15 | Bible time | Bible time with Dad | Bible time with Dad | Bible time with Dad | Bible time with Dad | |
| 8:45 | Tuck in girls | | | Sleep (10 hrs) | Sleep (10 hrs) | |
| 9:30 | Send boys upstairs | God time upstairs, toy room? | Shower and Brush Teeth, Advair. Sleep (9.25 hrs) | | | |
| 10:15 | Take vitamins | Shower and Brush Teeth. Read, Sleep (9 hrs) | | | | |
| 10:30 | Sleep (8 hrs.) | | | | | |

* Exercises: Basketball, tennis in garage, biking, jump rope, sidewalk chalk for 3yo, swinging & sliding, etc.

** Lunches: M: Leftovers

Tu: Peanut butter on banana, apple, celery

W: Pannekuchen, bacon

Th: Hotdogs & beans

Fr: Eggs & toast (cheddar cheese on toast for 12yo)

Plus fruit or carrots, chips & salsa, small sweet

*** Snack options: nuts, raisins, apple, banana, dried fruit